



### **NATIONAL SPORT SCHOOL APPLICATION 2020/21**

#### **ADMISSIONS PROCESS**

The Calgary Olympic Development Association, operating as WinSport ("WinSport") and the National Sport School ("NSS"), seek applications for enrollment in the National Sport School (NSS) from prospective student-athletes who pursue, vigorously and with unbridled enthusiasm, excellence in athletics, academics, and their personal growth and development.

The NSS aims "to produce future Olympic & World Champions with an excellent academic education".

The NSS employs a multi-step application process which is described below. For a prospective student-athlete's application to progress through this process, each step must be successfully completed. This will include favourable reviews and approvals by the NSS' Admissions Committee (the "Admissions Committee"). The Admissions Committee may take into consideration a variety of objective and subjective considerations in reviewing a student-athlete's application, including those referred to in this application package and any other considerations the Admissions Committee deems relevant.

#### IMPORTANT INFORMATION:

Each of the five steps that must be successfully and fully completed for admission to the NSS. All forms must be completed by all grade levels and must be submitted in English.

#### **STEP 1: APPLICATION FORMS**

The application deadline is APRIL 10, 2020. Incomplete and /or late applications WILL NOT be considered. Completed "late" applications may be considered pending # of placements available after spring application, interview, assessment and enrollment process is completed.

| Submitted Document Checklist:  |
|--|
| ☐ Completed Student/Parent Agreement and the non-refundable Application Processing Fee   |
| ☐ Submit the \$250 non-refundable fee Application Fee which is   |
| o Payable by cheque or money order made payable to WinSport or   |
| o Payable by credit card; complete the lower section of the Student/Parent Agreement.  |
| ☐ Sport specific stream application  |
| o You are applying to the NSS as a student-athlete who is sport-specific and is support by a National Sport Organization (NSO) or Provincial Sport Organization (PSO)  |
| o Submit a formal letter of support and the completed Athlete Review Template  |
| o Both documents must be submitted in a sealed, date-stamped envelope with the application package.  |
| OR   |
| ☐ General Athleticism Stream Application   |
| o You are applying to the NSS as a student-athlete with athletic potential, but are not affiliated with a NSO or PSO o Complete the General Athleticism Stream Application   |
| ☐ Submit completed application package in an unfolded in an 8"x11" envelope, deliver by hand or mail to:  RE: NSS Application Process Admissions Committee National Sport School  151 Canada Olympic Road SW Calgary Alberta T3B 6B7 |

Once received the Admissions Committee will review your application package, applicants will be advised as to whether an invitation to progress to 'STEP 2: Individual Evaluation' will be extended





### **NATIONAL SPORT SCHOOL APPLICATION 2020/21**

#### **STEP 2: INDIVIDUAL EVALUATION**

Applicants selected to progress to STEP 2 will be notified in a separate communication,

In STEP 2, you, the prospective student-athlete will spend a day at the National Sport School and the WinSport Campus in the early April or May. You will be notified of the scheduled day to attend WinSport. In advance of your visit you will receive in an itinerary of the day and items to bring with you.

The day will include:

- Physical literacy and functional movement tasks.
- Physical fitness and challenge tasks.
- Questionnaires (short and long-answer format).

### STEP 3: INTERVIEWS, FACILITY TOUR, INFORMATION & FAQS

In STEP 3, invited applicants will return to WinSport. You will have the opportunity to familiarize yourself with the facilities, key personnel, lifestyle, expectations, and atmosphere at WinSport's campus.

The prospective student-athlete and his/her parent(s)/guardian(s) will meet with sport/athletic and academic representatives from several organizations, including, but not limited to the Canadian Sport Institute and WinSport.

Your visit will include several interviews where you will have the opportunity to ask questions concerning "life at the NSS" and ay other pertinent aspects you would like to discuss.

#### STEP 4: PROVISIONAL SCHOOL ENROLLMENT

Upon receipt of written notification of provisional acceptance, in STEP 4, the prospective student-athlete and his/her parent(s)/guardian(s) will be required to complete the NSS Enrollment Package forms.

This package includes:

- The School Enrollment Agreement. This Agreement outlines the overall codes of conduct required of those associated with the NSS and includes an accompanying document concerning required behavior and responsibilities at WinSport.
- At this time payment of the entire NSS program fee (\$4,750.00) must be made.
- Note: If specific financial arrangements are required, terms of these arrangements must be made with WinSport at this step.

  This step must be completed by JUNE 12th, 2020 to ensure the applicant's enrollment in the NSS in September. If financial payment (or settlement of same) is not made by this date or if the School Enrollment Agreement or School Release of Student Information form is not completed and received by the NSS by this date, the applicant's provisional acceptance to the NSS will be forfeited.

#### **STEP 5: FINAL REGISTRATION**

Upon completion of STEP 4 the final registration process can be concluded. All relevant NSS information materials will be provided at this time, including student demographic registration forms, media release forms, consent to share information with WinSport form, and course selection guide.





### **STEP 1: STUDENT/PARENT AGREEMENT**

We have read and understand this application package and agree that this application for admission and accompanying materials simply initiate the step-by-step process for consideration for acceptance of the applicant to the National Sport School, and that participation in the process does NOT constitute an offer of acceptance. We understand that acceptance into the National Sport School is not guaranteed and that admission is a competitive process at all grade levels and that both objective and subjective criteria considered throughout the application process. We also acknowledge that the \$250 application processing fee is non-refundable.

We also acknowledge that the information presented in this package and during the application and selection process will be complete, correct, and truthful. If any aspect is found to be untrue or inappropriately altered, we acknowledge that WinSport reserves the right to revoke any offer of admission to the applicant or may later withdraw the student from eligibility to the National Sport School and the WinSport Winter Sport Institute.

We also acknowledge that the personal information concerning the applicant and any other individuals that we provide to WinSport and the other organizations involved in the application process is required by them in order to process the applicant's application and to make an informed decision as to his or her suitability for admission to the National Sport School, and that such information may be shared among them for such purpose. In accordance with all applicable privacy laws, we hereby consent to the collection, use, transfer and disclosure of such personal information by WinSport and such organizations for the above purpose.

The undersigned parent/guardian(s) further agree, jointly and severally and for and on behalf of themselves and the applicant, as follows:

The Calgary Olympic Development Association (operating as "Winsport"), and the National Sport School each of their respective trustees, directors, officers, superintendents, employees, consultants, representatives, contractors, successors and assigns (collectively referred to as "Released Parties") will have no liability with respect to their involvement in the National Sport School application and selection process. We hereby waive and release any and all claims, actions and demands that we or the applicant may at any time have against the Released Parties and each of them for any losses, damages, liabilities, costs or expenses howsoever arising from the applicant's application to the National Sport School, including without limitation any rejection of his/her application

We also agree that any dispute that we or the applicant may have with respect to the National Sport School application and selection process, including the applicant not being offered admission, will be resolved conclusively by utilizing the dispute resolution process established by the National Sport School Admissions Committee, at its discretion.

| Applicant Name:   |   |
|---|---|
| *Signature of Applicant:  |   |
| Parent or Guardian Name:  |   |
| *Signature of Parent or Guardian:   | _ Date:   |
| Parent or Guardian Name:  |   |
| *Signature of Parent or Guardian:<br>* NOTE: Both living parents/guardians of applicant under 18 years of age must sign t | _ Date:his Student/Parent Agreement.                      |
| The \$250 non-refundable application processing fee shall be paid by cheque, money Sport.                                 | order, or credit card. Please make cheque payable to Win- |
| Please select one: ☐ Cheque ☐ Money Order ☐ Credit Card   |   |
| Credit Card #:  | _ Exp Date:V Code:  |
| Name on Card:   | _ Select: ☐ VISA ☐ Mastercard ☐ AMEX                      |
| Signature of Cardholder:  |   |





### **STEP 1: SPORT SPECIFIC STREAM**

#### **NSO & PSO CONTACT INFORMATION**

Applicants seeking admission to the NSS as a student-athlete affiliated with a specific sport MUST contact his/her sport organization directly, and obtain a written sport approval/endorsement from that organization endorsing him/her for admission to the National Sport School in that specific sport. In order for the sport approval to be considered by the Admissions Committee, the written endorsement must include:

- 1) a formal letter of support AND
- 2) a completed Guideline Athlete Review template (See attached)

The sport organization must provide both documents to the applicant in a sealed, date-stamped envelope for inclusion with the applicant's remaining application documents.

The following is a list of contacts for the NSOs and/or PSOs related to the sports represented at the National Sport School currently:

| SPORT                  | ASSOCIATION                                | CONTACT NAME         | EMAIL ADDRESS                                | PHONE NUMBER          |
|------------------------|--|----------------------|--|-----------------------|
| Alpine                 | Alberta Alpine                             | Cam Stephen          | cam@albertaalpine.ca                         | 403-609-4730          |
| Badminton              | Badminton Alberta                          | Jeff Bell            | jbell@badmintonalberta.ca                    | 403-297-2108          |
| Basketball             | Basketball Alberta                         | Paul Sir             | sharle@basketballalberta.ab.ca               | 780-427-9044          |
| Biathlon               | Biathlon Alberta                           | Ntala Quintalo       | info@biathlon.ca                             | 403-609-4746          |
| BMX/Cycling            | Alberta Bicycle Association                | Heather Lothian      | Heather Lothian heather@albertabicycle.ab.ca |                       |
| Bobsleigh              | Bobsleigh Canada Skeleton                  | Chris Lebihan        | admin@bobcanskel.ca                          | 403-247-5457          |
| Canoe Kayak            | Canoe Kayak Canada                         | James Cartwright     | jcartwright@canoekayak.ca                    | 613-260-1818 ext.2305 |
| Cross Country          | Cross Country Canada                       | Cindy Chetley        | cchetley@cccski.com                          | 403-678-6791 ext. 32  |
| Curling                | National Training Centre                   | Paul Webster         | pwebster@curling.ca                          | 403-837-3727          |
| Diving                 | Alberta Diving Association                 | Barb Bush            | albertadiving@telus.net                      | 780-245-5737          |
| Equestrian             | Jump Alberta                               | Rachel Coldham       | rachelcoldham@yahoo.com                      | 403-809-9484          |
| Fencing                | Alberta Fencing Association                | Tara Feculak         | ed@fencing.ab.ca                             | 780-860-8422          |
| Field Hockey           | Field Hockey Alberta                       | Burgundy Biletski    | burgundy@fieldhockey.ab.ca                   | 403-670-0014          |
| Figure Skating         | Skate Canada: AB-NWT/Nunavut               | Holly Henderson      | holly@skateabnwtnun.ca                       | 403-331-3663          |
| Freestyle Skiing       | Alberta Freestyle Ski Association          | Marion Burnyeat      | hello@freestylealberta.ski                   | 403-297-2718          |
| Gymnastics: Men/Tramp. | Alberta Gymnastics Federation              | Bobby Kir            | rec@abgym.ab.ca                              | 403-259-5549          |
| Gymnastics: Women      | Alberta Gymnastics Federation              | Carolyn Foster       | wag@abgym.ab.ca                              | 403-259-5500          |
| Luge                   | Canadian Luge Association                  | Walter Corey         | wcorey@luge.ca                               | 604-964-0037          |
| Nordic Combined        | Alberta Ski Jumping and Nordic<br>Combined | Mike Bodnarchuk      | mbodnarchuk@gmail.com                        | 403-401-4864          |
| Rhythmic Gymnastics    | Rhythmic Gymnastics Alberta                | Jennifer Rochford    | Jen.rga@gmail.com                            | 780-427-8152          |
| Rowing                 | Alberta Rowing Association                 | Jim Cormack          | office@albertarowing.ca                      | 780-427-8154          |
| Sailing                | Sail Canada                                | Auri Kalkkinen       | info@sailingalberta.com                      | 403-618-2393          |
| Show Jumping           | Jump Alberta                               | Shannon Haney        | jumpalberta@gmail.com                        |                       |
| Skeleton               | Alberta Skeleton Association               | Grace Dafoe          | grace@albertaskeleton.ca                     | 403-815-3434          |
| Ski Jumping            | Ski Jumping Canada                         | Todd Stretch         | tstretch@skijumpingcanada.com                | 403-619-7239          |
| Snowboard              | Alberta Snowboarding                       | Stacey Burke-Hicks   | admin@albertasnowboarding.com                | 403-247-5609          |
| Soccer                 | Alberta Soccer Association                 | Shaun Lowther        | slowther@albertasoccer.com                   | 780-378-8106          |
| Speed Skating          | Speed Skating                              | Shawn Holman         | sholman@speedskating.ca                      | 613-260-3669 ext 2204 |
| Swimming               | Swim Alberta                               | Cheryl Humphrey      | chumphrey@swimalberta.ca                     | 403-804-2708          |
| Synchronized Swimming  | Calgary Aquabelles                         | Jennifer Tregale     | jenntregale@shaw.ca                          | 403-614-0554          |
| Tennis                 | Tennis Alberta                             | Peter Ogilvie        | peter.ogilvie@tennisalberta.com              | 780-115-1661          |
| Volleyball             | Alberta Volleyball                         | Jim Plakas           | jplakas@albertavolleyball.com                | 780-415-1703          |
| Water Polo             | Alberta Water Polo                         | Dayna Christmas      | office@albertawaterpolo.ca                   | 403-281-7797          |
| Women's Hockey         | Hockey Canada                              | Per-Alexandre Poulin | ppoulin@hockeycanada.ca                      | 403-777-3603          |





# STEP 1: ATHLETE REVIEW UNDERTAKEN BY APPROPRIATE TECHNICAL COACH(ES)

### **Training Group**

| .g., Name of Club, Team, Unattached): |  |
|---------------------------------------|--|
|                                       |  |
| hlete Name:                           |  |
| oach Evaluator(s):                    |  |
| pach Email:                           |  |
| pach Phone Number:                    |  |
| Such Friend Number.                   |  |
| ate:                                  |  |

### **Notes & Introduction:**

The purpose of this exercise is to perform a comprehensive review of the given athlete and their sport program(s). As thorough an examination as possible of the elements that contribute to each athlete's competitive performance is the objective.

This exercise should be undertaken with as open a mind as possible and with the notion that this is an opportunity for 'free speech' without consequence.

The comments will be used to examine the training and competition performance of each athlete, together with supporting elements, with a view to establishing an objective assessment of current situation and a potential future pathway.

Ideally, the review should be as compared with what is understood to be current 'World Best' standards (Developmental and/or Senior).





| A1. General strengths/attributes   |
|--|
|  |
|  |
|  |
| A2. General weaknesses/liabilities (including injury history)  |
|  |
|  |
|  |
| A3. Athlete technical knowledge & ability to respond to coach  |
|  |
|  |
|  |
| A4. Major barriers to competition or training objectives (this season & the future) as it pertains to education? |
|  |
|  |
|  |
| A5. If athlete is a 'Developmental Athlete', is he/she 'On Track'? Comment Freely                                |
|  |
|  |
|  |
| A6. Athlete's ability to respond to feedback/coachability?   |
|  |
|  |
|  |





## **STEP 1: SPORT SPECIFIC STREAM**

### ATHLETE GENERAL NUMERICAL GRADING

| Athlete Name:  |          |          |           |          |                         |           |              |           |           |        |
|--|----------|----------|-----------|----------|-------------------------|-----------|--------------|-----------|-----------|--------|
| Group:   |          |          |           | Year     | s in sport <sub> </sub> | program   | :            |           |           |        |
| The scale is from 1 to 10, with '1' being a 'poor' score | , '5' be | ing an a | average v | alue, an | ıd '10' bei:            | ng the 'l | highest' lev | el that o | an be att | ained. |
|  | 1        | 2        | 3         | 4        | 5                       | 6         | 7            | 8         | 9         | 10     |
| TECHNICAL ABILITY & UNDERSTANDING                        |          |          |           |          |                         |           |              |           |           |        |
| a. Current technical ability                             |          |          |           |          |                         |           |              |           |           |        |
| b. Potential technical ability                           |          |          |           |          |                         |           |              |           |           |        |
| c. Technical knowledge & understanding (biomechanics)    |          |          |           |          |                         |           |              |           |           |        |
| d. Technical knowledge & understanding (equipment)       |          |          |           |          |                         |           |              |           |           |        |
| PSYCHOLOGICAL APPROACH                                   |          |          |           |          |                         |           |              |           |           |        |
| a. General attitude                                      |          |          |           |          |                         |           |              |           |           |        |
| b. Training approach & 'toughness'                       |          |          |           |          |                         |           |              |           |           |        |
| c. Ability to perform under pressure                     |          |          |           |          |                         |           |              |           |           |        |
| d. Competitive drive                                     |          |          |           |          |                         |           |              |           |           |        |
| PHYSICAL ABILITY & PREPARATION                           |          |          |           |          |                         |           |              |           |           |        |
| a.General athletic ability                               |          |          |           |          |                         |           |              |           |           |        |
| b. Specific sport athletic ability                       |          |          |           |          |                         |           |              |           |           |        |
| c. Preparation to compete/race                           |          |          |           |          |                         |           |              |           |           |        |
| COACHABILITY   |          |          |           |          |                         |           |              |           |           |        |
| a. Responds to direction/advice                          |          |          |           |          |                         |           |              |           |           |        |
| b. Communication with coach/expert                       |          |          |           |          |                         |           |              |           |           |        |
| SPORT & LIFESTYLE  |          |          |           |          |                         |           |              |           |           |        |
| a. He/she is focused on their sport                      |          |          |           |          |                         |           |              |           |           |        |
| b. He/she supports basic health etc.                     |          |          |           |          |                         |           |              |           |           |        |
| c. He/she understands 'what it takes'                    |          |          |           |          |                         |           |              |           |           |        |
| OVERALL VIEW   |          |          |           |          |                         |           |              |           |           |        |
| a. Does this athlete have the potential                  |          |          |           |          |                         |           |              |           |           |        |
| b. Does the athlete constantly push to improve all areas |          |          |           |          |                         |           |              |           |           |        |
| c. Is the athlete on track (National Team)               |          |          |           |          |                         |           |              |           |           |        |
| d. Is the athlete on track (All other levels)            |          |          |           |          |                         |           |              |           |           |        |





### STEP 1: GENERAL ATHLETICISM STREAM APPLICATION

Applicants with no distinct/specific affiliation with a sport discipline, but with a high degree of athletic capability, are encouraged to apply for admission under the following athletic "stream". Such applicants are required to fill out this portion of the application.

Successful applicants to this stream will be required to undertake a vigorous and multisport program within the NSS and WinSport, as well as to be active in community/provincial sports.

The on-site physical literacy and capability evaluations (STEP 2 of the overall process), along with discussion concerning character, work ethic, and resilience, will be the focus of attention for the Admission Committee and other key observers when assessing applicants to this stream.

This Appendix D, in addition to the rest of the application, must be completed, and negates the 'sport-specific NSO/PSO' recommendation requirement referred to in Appendix C.

| Please answer thoroughly, yet concisely. To be completed by the Ap                               | oplicant.                            |                                      |
|--|--------------------------------------|--------------------------------------|
| Student-Applicant Name:  | Height: (cm)                         | Weight: (kg)                         |
| Historically: What physical activities and sports have you undertaken sir                        | nce birth and for how long?          |                                      |
|  |                                      |                                      |
|  |                                      |                                      |
|  |                                      |                                      |
|  |                                      |                                      |
| <b>Currently:</b> What physical activities and sports do you regularly participal National etc): | te in and at what level? (i.e., Comm | nunity, Club, Municipal, Provincial, |
|  |                                      |                                      |
|  |                                      |                                      |
|  |                                      |                                      |
|  |                                      |                                      |





### **STEP 1: GENERAL ATHLETICISM STREAM APPLICATION**

| SPECIFIC QUESTIONS:  Music & Dance: Have you, or do you, take music and/or dance classes (including 'musical theatre')?   Yes No  If 'Yes', please provide more details  |
|--|
|  |
| <b>Gymnastics:</b> Have you specifically taken gymnastics programming? ☐ Yes ☐ No If 'Yes', please provide greater detail concerning the program(s) you were involved in |
|  |
| Implement Sports (sports involving the use of a racquet, stick, bat etc.) Please describe your experience in sports requiring the use of an 'implement':                 |
|  |
| Currently, what does a typical week of activity and sports 'look' like for you? (Days/wk, # of sessions, hours):   |
|  |
| Give your main reasons for wanting to attend the National Sports School. How will attending the National Sport School help you achieve your goals?                       |
|  |
|  |
|  |
| Signature: Date:   |

|   |   | Date                                 |
|---|---|--------------------------------------|
|   |   | Sport Organization                   |
| 1, 1,005,1  |   | Sport Organization's Address         |
| Insert PDF logo   |   | Sport Organization's Address         |
|   |   |                                      |
|   |   |                                      |
| Admissions Committee<br>National Sports School<br>151 Canada Olympic Road SW<br>Calgary, AB T3B 6B7 |   |                                      |
|   |   |                                      |
|   |   |                                      |
| LETTER OF ENDORSEMENT FOR   | Student-Atl                                 | hlete's Name                         |
|   |   |                                      |
| References: National Sports School Application  | Form 2020/21 – Sport Approval               |                                      |
|   |   |                                      |
|   |   |                                      |
| 1Sport Organization   | is happy to endorse                         | Student-Athlete's Name               |
| of the  |   | as having clearly met sport approval |
| Si  | tudent-Athlete's Current Club               |                                      |
| criteria to attend the National Sport School in _   | Sport Discipline                            | ·                                    |
|   |   |                                      |
|   |   |                                      |
|   |   |                                      |
| If there are any concerns or if you require further   | er information, please contact me directly. |                                      |
| N   |   |                                      |
| Name  |   |                                      |
| Title   |   |                                      |
|   |   | National                             |
| Sport Organization  |   | National<br>Sport School*            |
| Sport Organization's Address  |   |                                      |
| Contact Phone Number  |   |                                      |
| CONTROL FILLION   |   | <b>W</b> winsport                    |
| Contact Fmail Address   |   | WINDFURI                             |

Contact Email Address





### **APPLICATION FOR 2020-2021**

| Date:                                  |                 |
|--|-----------------|
| Student Athlete Name:                  |                 |
| Birthdate (yyyy/mm/dd)                 | Sex:            |
| Sport:                                 |                 |
| Address:                               |                 |
|  |                 |
| STUDENT INFORMATION                    |                 |
| Student Personal Email :               | Student Cell #: |
| Grade Requested for 2020-2021: □ 9 □ 1 | 0 🗖 11 🗖 12     |
| Legal Guardian:                        | Relationship:   |
| Address (if different from above):     |                 |
| Home Phone #:                          | Cell Phone #:   |
| Business Phone #:                      | E-mail:         |
|  |                 |
| Other Contact:                         |                 |
| Address (if different from above):     |                 |
| Business Phone #:                      | E-mail:         |
| Relationship:                          | Home Phone #:   |
| Fax # (home or business):              |                 |

If your student athlete will not be living with the Legal Guardian, temporary guardianship must be obtained through a Provincial Court. If you have any questions please contact the school at 403-777-7329.